



## MALTA TRIATHLON FEDERATION

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### MTF CIRCULAR 8/2017

TO : all members of the Malta Triathlon Federation

FROM : the Executive Board of the Malta Triathlon Federation

**SUBJECT : Updating of the Competition Rules following the ITU update**

DATE : 29 December 2017

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Following the updates of the ITU Competition Rules, the Malta Triathlon Federation is hereby updating its regulations for all its races and third-party sanctioned races held locally, as follows:

**Disc brakes:** From 2018 onwards, disk brakes will be allowed.

**Communication devices:** There will be a prohibition on the use of communication devices of any type, including, but not limited to, cell phones, smart watches and two-way radios during a competition in a distracting manner. Also, cameras, phone cameras and video cameras are prohibited unless permission is sought and granted in writing by the MTF before the event.

**Athletes assisting each other:** One of the new rules approved by the ITU reads that an athlete cannot physically assist the forward progress of another athlete on any part of the course. This will result in both athletes being disqualified.

**Missing the Athlete Briefing:** To miss the briefing may result in a delayed start for any competitions, including triathlon, for all categories. The delay will be determined by the distance of the event, the same way as the penalty time applicable. The penalisation is at the sole discretion of the race-director. However, if a penalty is inflicted to an athlete who misses the briefing, all athletes who miss the briefing shall receive the same, equivalent penalty.

**Clothing:** Regarding clothing, trisuits must be textile material. No neoprene, or swimskins shall be allowed.

These updates are effective as from 1 January 2018.

*signed*

Cyprian Dalli

**President - Malta Triathlon Federation**

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**MALTA TRIATHLON FEDERATION**

President - Cyprian Dalli

Secretary General – Vanessa Woods

Treasurer – Elisa Azzopardi